# St Anthony's news





**Edition 8 29 May 2025** 

This week we had two important foci; **National Reconciliation Week** and **Food Allergy Awareness Week**. Both these weeks involve recognition, action and change, they align with our commitment to student voice and agency. Our students, provided with the correct knowledge and skills, are encouraged to be proactive in their lives.

**National Reconciliation Week** 2025's theme 'Bridging Now to Next' reflects the ongoing connection between past, present and future. It calls on all Australians to step forward together, to look ahead and continue the push forward as past lessons guide us. This is an opportunity for all of us to reflect on the treatment of Aboriginal and Torres Strait Islander Peoples and what we can do to address and rectify many of the painful experiences of the past. We cannot change what has happened, however we can help to make a better future.

Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples. While, we as individuals may not have done anything wrong, we as a nation are called to recognise that many Aboriginal and Torres Strait Islander Peoples have been mistreated in the past and many continue to experience racism and prejudice today. We all have a role to play when it comes to reconciliation, and in playing our part we collectively build relationships and communities that value Aboriginal and Torres Strait Islander peoples, histories, cultures, and futures.

Our F.I.R.E (Friends Igniting Reconciliation through Education) Carriers and the program are committed to sharing this knowledge and promoting reconciliation within and beyond our school community.

Food Allergy Awareness Week raises awareness of food allergy in Australia.

Australia has one of the highest rates of food allergies in the world, with more than 1.5 million Australians living with a food allergy. We also have one of the highest rates of hospital anaphylaxis admissions in the world.

Raising awareness through education about food allergies and anaphylaxis equips all of us to improve safety for people who live with food allergies, those within and outside our community. Awareness and education helps reduce the risk of allergic reactions, and effectively treat potentially life-threatening emergencies when they happen.

The Be a M.A.T.E program, equips all our students with the knowledge and strategies to help keep their friends (mates) with food allergy safe. Anyone can Be a M.A.T.E. (Make Allergy Treatment Easier) by following these five easy steps:

 Always take food allergies seriously. It may be hard to believe food that most of us eat and enjoy every day can be harmful to others, but people who have food allergy can

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have serious allergic reactions (anaphylaxis), which can be life threatening.

- Don't share food with mates who have food allergies. Everyone loves to share or swap
  food with each other. But for those with food allergies this can be very dangerous.
  Never share your food with mates with food allergies. Even if you think the food is
  safe, it's still not worth taking the risk.
- Wash hands after eating. Wash your hands after eating something another student is allergic to. This will help keep them safe.
- Know what your mates are allergic to. Ask your mates what food they are allergic to.
  Consider your mates with food allergy when eating your food and try not to be messy.
  For school birthday parties and celebrations consider non-food treats and activities like stamps and stickers.
- Get help straight away if a mate gets sick (even if they don't want you to). If a mate who has food or insect allergies is showing these signs tell them to stay where they are and get a teacher or person in charge straight away:
  - Finding it hard to breathe
  - Skin that is bumpy, red, and itchy
  - Swelling of the face, lips, and eyes
  - Vomiting
  - Looking pale and feeling dizzy

Tania Bennett

LAP-A-THON
MONEY DUE
TOMORROW

52 Austin Street, Alphington 3078





### **2025 SCHOOL CALENDAR**

Term 2				
Date	Time	Activity		
Sunday 1 June	11am	Confirmation Commitment Mass		
Monday 2 June	7pm	Parents & Friends Meeting		
Tuesday 3 June	7pm	Confirmation Formation Evening		
Thursday 5 June	9.30- 10.30am	Open Morning		
Monday 9 June		King's Birthday public holiday		
Tuesday 10 June		School Closure— Assessment and reporting		
Wednesday 11 June	9.30- 10.30am	Kinder Interactive Session		
Wednesday 11 June		Soccer clinics—whole school Sport uniform		
Friday 13 June	9.15am	St Anthony's Feast Day whole school Mass—all welcome		
Saturday 14 June	3.00pm	Sacrament of Confirmation—St Patricks Cathedral, East Melb		
Tuesday 17 June	3pm- 4.45pm	Classroom Showcase afternoon		
Friday 27 June	9.15am	Feast of Sacred Heart whole school Mass—all welcome		
Saturday 28 June	7pm	Parents & Friends 80's Trivia Night—MacKillop Room		
Monday 30 June	9.30- 10.30am	Kinder Interactive Session		
Tuesday 1 July		Student/Parent/Teacher Learning Conversations		
Thursday 3 July		Student/Parent/Teacher Learning Conversations		
Friday 4 July	1.00pm	Term 2 ends		

2026	<b>ENROLME</b>	NTS
CLOSING	on Friday,	13 June

If you have a child or know a child who will start school next year please click on the link below to start the enrolment process.

https://www.saalphington.catholic.edu.au/enrolment

Term 3		
Monday 21 July	8.50am	Term 3 begins
Wednesday 30 July	7pm	Eucharist Formation Evening
Sunday 3 August	11am	Eucharist Commitment Mass
Friday 8 August	9.15am	Feast of Mary of the Cross (Mary Mackillop) whole school Mass—all welcome
Tuesday 12 August	7.30pm	School Advisory Council
Friday 15 August	9.15am	Feast of the Assumption whole school Mass—all welcome
Monday 18 August		Book Week
Sunday 24 August	11am	Sacrament of First Eucharist
Friday 5 September	7.30am	Fathers Day Breakfast
Friday 19 September	1.00pm	Term 3 ends
Term 4		
Monday 6 October	8.50am	Term 4 begins
Tuesday 14 October	7.30pm	School Advisory Council
Monday 3 November		School Closure—Assessment and Reporting
Tuesday 4 November		Melbourne Cup public holiday
Tuesday 11 November	7.30pm	School Advisory Council
Wednesday 12 November		Book Fair begins
Friday 14 November	2.30pm	Prep Orientation Session 1
Friday 21 November	2.30pm	Prep Orientation Session 2
Friday 28 November	2.30pm	Prep Orientation Session 3
Sunday 30 November	11am	Junior 2025 and 2026 Mass and BBQ
Tuesday 9 December		End of year Gratitude Mass—all welcome
Friday 19 December	1.00pm	Term 4 ends—date to be confirmed

### ST ANTHONY'S PARENTS & FRIENDS MEETING

The next meeting for the St Anthony's Parents and Friends will be held next <u>Monday, 2 June</u> at **7.00pm.** Please email <u>cathbell14@gmail.com</u> if you would like more information or the online meeting invite.

# FIRE FIGHTERS VISIT TO PREP/1 RG

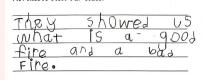






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# PREP/1 RG IN NAN'S GARDEN



Dear Mum Yesterday at school we got to spend time in Nan's Garden. I we went with my friends. We got to weed and dig I Love the garden because it is fun. From Leo









on tuesday morning ent to van's garden.





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**BUILDING BRIGHT FUTURES** 

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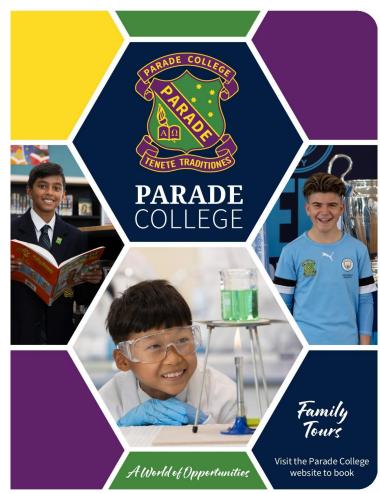








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**ENROL NOW YEAR 7 2027** 

Applications for current Year 5 students are now open





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